

CLUB RESUME

**YARRAMBAT JUNIOR
FOOTBALL CLUB**

IRONBARK ROAD
PO BOX 2, YARRAMBAT 3091

2014



“Junior Football doesn’t get any better than at Yarrambat”

Vision

To be one of the most successful Junior Australian Rules Club in the Northern District. Demonstrating excellence in the caring, growth and development of the youth in our community by;

- Having total focus of “The family Club”.
- Supporting out local community via our facilities.
- Increasing the profile of the Club in both the local and business community.
- Incorporate our core values of Integrity, Quality, Professionalism, Trust and Teamwork in everything we do, and community (player/family) values of teamwork, respect, sportsmanship and encouragement.
- Construction of a YJFC community gymnasium.
- Promotion of girls footy in 2014 • Return of Under 17’s in 2014
- Policies / procedures created / updated season 2014
- Commitment to Under 19’s footy • Commitment to Anzac memorial
- Promote and Foster our core and community (player/family) values being;

Yarrambat Junior F C. Core Values:

Support the Club

Support the Values

Being - Integrity, Quality, Professionalism, Trust & Teamwork

Yarrambat Junior F C. Community (Player / Family) Values:

Teamwork • Respect • Sportsmanship • Encouragement

Summary of the Club’s History

The Club commenced in 1979 with mini’s at Plenty, then in 1981 formed a team of U8’s in the LUG and DJ Football Association League. In 1984 John Mansfield’s U10’s won the flag and progressed in 1986 with lots of teams, lots of flags and move forward to 2012 we had 10 teams, in 2013 10 teams, plus a very successful Auskick program with well over 100 participating boys and girls. 2014 sees 13 teams, plus Auskick - a 30% rise in team numbers on 2013, a massive big tick.

Grounds

In 1984 the Club was allocated the Yarrambat War Memorial Park field as their training field and our club rooms were a tin shed. In the early ‘90’s the footy club raised enough money to pay for the club rooms to be built and on the 24/05/01 the club won a car on the Footy Show which televised live from our club rooms. The car valued at \$40,000 was sold and the club in conjunction with the Yarrambat Cricket Club funded a \$100,000 extension. Through this whole period Southern Rocyclus (later CMA) was the club’s major sponsor and benefactor.

Our club house now includes canteen, function room and change rooms with more and more improvements planned, including YJFC Community Gymnasium.



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Club Structure

The Club is run by a voluntary Committee of local Community people. This Committee consists of an Executive of 5, plus several sub-committees.

With well over 350 kids playing Auskick or footy at YJFC (which is just under half of the suburb of Yarrambat's total population) this percentage has been acknowledged in football circles as being one of the largest percentage to population Australia wide!

- Auskick – A unique Friday night experience.

YJFC run an AFL Auskick program on Fridays from 5.00 pm to 6.30 pm for approx 120 kids from 4 to 11 year olds. Families come from just on our doorstep to far away to join the unique Friday night Auskick program which offers activities in conjunction with the Junior club. The program is strongly supported by volunteers and our experience has shown that a large percentage of children that participate in our Auskick program go on to play Junior footy for Yarrambat. Many of our Auskick trainers in the past have come from earlier Under 17's teams – even future coaching development!

AGAIN NOTE Yarrambat Auskick is run on a unique Friday afternoon/evenings.

- Junior Teams

In 2012 Yarrambat fielded 10 teams from under 9's to 16's. And again in 2013 we field 10 teams. Under 9's were introduced in Yarrambat in 2008. Our Under 9's and Under 10's games are made up of shorter quarters, do not allow tackling and there is no scoring or finals series. This is an excellent stepping stone from Auskick to Junior Footy and allows the children to build an understanding of the game and team play prior to progressing to under 11's footy. 2013 saw most teams making finals, two even winning grand finals.

- Social Events

Our Social Sub-committee coordinates social events monthly. Various events including an Annual Cocktail Party / theme night or Dinner Dance, and major Auction/Sportsman night, a Thank You Evening, nights such as Trivia Nights and a Presentation Day. Presentation Day is a highly anticipated event which starts at 10.00am with all players receiving their medals and runs all day into the night where all members of both Auskick and JFC enjoy a lay back dinner to finish off the season. The day is complete with a carnival atmosphere.



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Financial Structure

The Club relies on supporter-ship and fund raising within the community to cover the running costs of the Club. Membership fees and player's registration (including insurances) are kept to a minimum to try and keep the sport accessible to all. Currently we boast over 80 financial and non-financial supporter firms. More supporters are required in 2014. **Potential financial supporters (sponsors) can call Paul Callaway on 0402 499 658 or Dave Callaway on 0448 700 361.** Non-financial (being in kind, auction prizes, game day prizes, team trips) supporters can call Rob Windsor on 0419 303279 or email r.windsor@dindas.com.au

Our members work tirelessly in running our canteen, bar, catered training nights for kids, and raising supportership funds, even through our very successful Thursday Parma nights, and 2013-2014 player photo (\$100) sponsorships.

Northern District Football League Awards (Past Diamond Valley Football League)

Top Diamond Valley Club – 2000.

Most Disciplined Club - 1995

Nillumbik Annual Sports Awards, out of 120 local sporting clubs, YJFC achieved

2007 - 1st Place for Best Managed Sporting Club.

2008 - 2 coaches in the final 6 for "Best Coaches".

2008 - 2nd Place for Best Managed Sporting Club.

2009 - 2 coaches in the final 6 for "Best Coaches".

2008 - President – Sports Volunteer of the Year – WINNER .

2009 - Finalist Sports Volunteer of the Year.

Where are they now?

West Coast Eagles lured Ben McKinley who played 150 games at Yarrambat. In 2011 he crossed to North Melbourne, and in 2013 was coaching in the WAFL and returned to Victoria to play for Werribee in the VFL. And in 2014...watch this space.

Luke Godden played over 50 games for Collingwood – 1995.

Brett Colbert – Western Bulldogs – 2002.

Ex Collingwood Champion Ron McKeown is now involved heavily with the NFL.

The Northern Knights and AFL representative Teams have several more of our players in 2013 again in 2014, watch out for their progress!

North Melbourne Champion, Brent Harvey, has been our 2013 YJFC Under 13's, 14's, 15's & 16's Mentor. In 2014 this has been accelerated by a football academy! See page 6.



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Yarrambat 2014 and beyond

2009 was a year of review for YJFC and the formation of a 1, 3 and 5 year plan was born. This has seen many achievements, fruition will be realised in 2014 and 2015.

YJFC seeks to be a progressive club that leads the way not only for Junior Football but for our community as a whole. Initiatives which have been addressed in our plan include:

- **Coaches and Team Managers uniform** will promote a professional approach and enable all children to easily identify a point of assistance if required.
- **Upgrade of oval & lighting** – In order to continue to operate our Auskick for 120 Children on a Friday night and host Friday night Junior games in the future our lighting requires further upgrading which needs to be addressed. A whole facility review, including the playing surface and rabbit proof fencing, has been undertaken and will be completed by the Nillumbik Council in the not too distant future.
- **Health and Fitness approach** - With the growing rates of obesity in Australia, the Club seeks to promote health and fitness as a way of life to not only our members but to their families and the local community. Healthy habits are required all year round not just for a football season and in 2012 we upgraded our “away” change rooms to allow for the inclusion of a gymnasium to support the health and fitness of our U15’s-U17’s all year round.
- As attested to by dieticians, exercise must be combined with a balanced diet. Traditionally canteens have provided the pie and chips and sausage rolls to help beat the hunger on game day. If we are truly to lead the way in change for health and fitness we have agreed that we must also address our canteen. We now provide for healthier options such as sandwiches, wraps, soups and oven baked alternatives as opposed to only deep fried food.

• Supporting our Community

At Yarrambat we see our members and our community as part of our “family”. Even though YJFC relies on the support of others financially the Club participates in many fundraising events throughout the year to support others and their cause. Events have and can include:

- Annual Disaster Relief practice round early in the year. Yarrambat v Diamond Creek with the proceeds raised going to support a fire affected individual from Black Saturday in 2009, this initiative continues.
- Beyond Blue Depression and Anxiety awareness round yearly, this initiative continues and we hope that one day our league and indeed all leagues pick up on the same.
- Organ donation charity football day (In memory of Dean Cameron) in 2014.

And in the past

- Doctors and Nurses Pink ribbon charity game day which see’s our ladies take the field in support of raising funds for cancer.
- Challenge Cancer Support Network – Great Aussie Pie Night.
- Family Fund Raisers.
- Footy Boot Lace Day – awareness (Zaidee Day), as promoted by the NFL.



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- **Supporting our Kids**

- **Team Trips, Meal Nights**

Each team have a team trip at least once a year. Current supporters of this program are Mees Bus Lines, Etihad Stadium, The AFL, Teebin Corporation, Circus Latino, and the Legends game. Each team have their own annual "Parma" Night together too.

- **Weekly "Game Day" Awards**

In each game of footy all teams over a 15 week period are provided with post game awards. These awards include a club footy, a club flag, two other major awards and at least 2 other awards that are "shared around". This is in addition to Auskick encouragement awards. This alone provides our kids with near 2000 prizes a year, which we are fortunate to have various supporters for.

- **AFL Player Support**

North Melbourne (Brent Harvey) and various other AFL / VFL players and our academy specialists in Lindsay Gilbee & Co.

- **Mentoring**

A specialist coaching and mentoring program covering our top 4 age groups was brought to you by Footy Focus and Brent Harvey in 2013, this followed in 2014 by our Yarrambat Junior Football Academy, see page 6.

- **"Yarrambat XTreme Fitness gym"**

Another reasonably new project at Yarrambat is a proper player's gym for the older players. Thanks to "Top End" fitness provider in XTreme Fitness the dream is now a reality. We now have at YJFC an all weather training facility. Blue Light Disco has provided the medical kit. All we need now is a TV/Fridge/Stereo electronics supplier to complete the mood and a planned 2014 extension. Thank you XTreme Fitness! This gym currently sits in temporary accommodation in our away rooms but will be superseded by a bigger gym in 2014 attached to the main building.

- **Income Protection Plan**

We offer income protection plans for (under 16's) under 17's that work or are participating in an Apprenticeship or Traineeship.

- **Growing our kids internally**

YJFC seeks to provide assistance on various levels commencing with our Under 13's, 14's, 15's (& 16's). As stated earlier our prior Under 17's became actively involved with our Auskick children and junior teams by way of assisting with drills and basic skills. In 2014 we wish to commence the half time Auskick initiative where we will have at least 2 games throughout the season where our Auskick children can play a half time game during our 3pm home match. We will also be seeking to extend this initiative to those who have finished playing Junior football with Yarrambat but are still keen to part of the Club community by way of being involved with our Auskick program. Our Auskick kids all the way through to our under 19's will have a relationship with the Division 1 premiers of 2013 in Bundoora.



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Yarrambat Under 19's 2014...beyond

We are proud to announce that YJFC and the Bundoora Football Club have been busy in the off season setting up a pathway for all Yarrambat players who want to transition into Senior Football starting with Under 19's.

When numbers work (expected to be 2015), Bundoora will be running with two under 19's teams. One will be Bundoora side and the second will be known as a Yarrambat side in a Yarrambat jumper playing at Yarrambat.

With the pathway, activities will be undertaken that support the Under 17's in 2014 to have a smooth transition into 19's where you get familiar with and have an experience of the club before you get there.

Of course not everyone will go or has to go to Bundoora. What it does is make things easier to go there through the activities in 2014 if that is the wish.

Bundoora already has quite a number of ex Yarrambat players and has ex AFL players as well as the current Under 19's team being coached by an ex Yarrambat Junior FC coach in Scotty Pywell and the President is one of ours in Max Grant. They would all welcome you with open arms and really want to make this work for both clubs.

Introducing the "Yarrambat Junior Football Academy"

Following on from 2013's highly regarded Brent Harvey mentoring program is this gem. Ex AFL player of over 200 games and current specialist coach at St Kilda, Lindsay Gilbee will be running the academy just for our Under 15's, (Under 16's)/ Under 17's.

Lindsay has an acclaimed Football Academy and will provide a 6 week course for our U15's (16's) and 17's and will be supported by Phiv Demetriou, Northern Region AFL Rep and Paul Hudson, Ex AFL player.

The course will include:

- Kicking - Different kicking techniques
- Basic skills - All skills of the game
- Run and Spread - running technique
- Reduction of time and space - skill under pressure and at fatigue levels.
- Intensity - All drills and skills at an intensive pace
- Awareness - Decision making under pressure
- Social responsibility

The Academy will be free to any registered player at YJFC in under 15's (under 16's) and 17's and there will be a Graduation on completion. The Club is investing in this academy on our older players behalf.



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- **Educational and support programs** – Further to ongoing discussions with the AFL/ NFL we are seeking to arrange guest speakers on topics such as – Alcohol and Drug prevention, Depression and how to get help, Healthy eating habits, Bullying etc. We also display signs at the Club with various support line contact details. Further to discussions with the NFL we launched in 2012 “Someone to Listen” – the aim of this program is to provide an “ear” to our players and their families who are facing “situations” such as divorce, illness, death of a family member/friend plus depression, anxiety, bullying and other welfare matters. In 2012 the NFL developed a very welcome PWO (Player Welfare Officer) program for the benefit of all children and families in junior football. In 2014 Pinnacle Print Group bring you two information pick up points too.
- **Anzac Memorial and it's Educational / Respect / Awareness Benefits** - We are working with the RSL, Nillumbik council, Danielle Green (Yan Yean MP), regards the building of a war memorial Monument at Yarrambat War Memorial Park. This has received wide ranging community support. We are expecting this to sporn into the first ever Yarrambat Anzac day dawn service. Further consultation has taken place with the Northern Football League (NFL) in regards to an actual game/s of Football (for points), with another local team - we would like to create locally an Anzac awareness in a similar way to that of the AFL with the Essendon v Collingwood annual match . The monument would naturally pay homage to those diggers fallen at war, and in deed those that fought, in particular local service men and women. This is a 2014/2015 project.
- **Local Primary Schools Competition** – The YJFC works very closely with the nearby Yarrambat Primary school with various related programs. YJFC supports this with the provision of jumpers and playing amenities, and a donation towards YPS Sporting facilities yearly.
- **Under 16's** – 2014 will see this team work very closely with our U17's. In forming a 2014 combination team of both age groups.
- **Under 17's** – This age group returns in 2014 with training commenced in late 2013 with already reasonable numbers. (Including the 16's above) - U17's sees too the return of our Annual Brownlow Dinner.
- **Girls Footy** – 2014 sees our first team, as we grow this segment of Australian Rules Football.
- **Risk Management** – 2010 saw our risk register finalized and “good practice” procedures documented which include health and safety and regular risk assessment audits. We will also continue on with our Income Protection offering for (Under 16's) and Under 17's that are in employment.
- **In Conclusion** – The motto at Yarrambat is that “Junior Football doesn't get any better than at Yarrambat”. Not only will our 3 - 5 year plan and 2014 values reinforce our commitment to this, but we believe that we will also position the club as one that others seek to emulate for the benefit of all our children. Football - Yarrambat style!

RELEVANT CLUB
CONTACTS :

Club Email – admin@yarrambatjfc.com.au
Club Web Site: www.yarrambatjfc.com.au



"TRENDING NOW - YARRAMBAT JUNIOR FC - SO CLOSE TO EVERYWHERE!"

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YJFC COMMITTEE LISTING 2014

EXECUTIVE COMMITTEE			
President	Craig Walker	0407 565 373	craigwalker373@gmail.com
Vice Pres Football Operations	Dave Callaway	0448 700 361	david.callaway@alliedmills.com.au
Vice Pres Football Admin	Diana Pettie	0419 887 481	diana@hopsotchcoaching.com.au
Treasurer	Kylie Walker	0438 545 531	kylie@walkerplumbing.com.au
Secretary	Enza Evans	0407 305 417	enza.evans@gmail.com
CLUB ROLES			
Advertising & Promotion	Rob Windsor	0419 303 279	r.windsor@dindas.com.au
Auskick Coordinator	Dave Stokes	0408 509 355	pvalley@live.com.au
Bar Manager	Anthony Phillips	0433 364 626	adogman@bigpond.net.au
Canteen Manager	Carmel Hicks	0407 281 963	n/a
Catering & "Parma" Night Manager	David Pruscino	0438 122 844	jtlmaintenance@bigpond.com
Coaches Manager	Anthony Brown	0418 388 314	atb16@bigpond.com.au
Development Coach	Ken Pettie	0438 887 481	ken@kendoit.com.au
First Aid Manager	Jason Cash	0423 757 758	jasoncash@live.com
Game day Supervisor	Glen Brandt	0422 381 629	glen.brandt@cdcplumbing.com.au OR glkz.brandt@gmail.com
Gov. Bodies Liaison Mgr	Enza Evans	0407 305 417	enza.evans@gmail.com
Grounds Manager	Rod Skipper	0412 588 222	roclar@ozemail.com.au
Major Projects Manager	Craig Walker	0407 565 373	custom.carpentry@bigpond.com.au
Memorial Park Recognition (Anzac Day & Monument)*	Shaun Glennon	0409 019 110	Sh.glennon@hotmail.com
Merchandise/Playing Apparel	Luke Vanderzee Joanne Vanderzee	0408 647504 0438 014 961	luke@robotbuildingsupplies.com.au j.vanderzee@bigpond.com
Milestone Medals/Boards Manager	Sharon Parker	0414 616 645	sharon@areial.com.au
Newsletter Manager*	Tegan Patmore	0425 810 165	mattegan01@bigpond.com
NFL Liaison	Enza Evans	0407 305 417	enza.evans@gmail.com
Player Welfare and Respect/Responsibility Officer	Rob Windsor	0419 303 279	r.windsor@dindas.com.au
Property Manager	Shane Paulo Anthony Brown	0408 582 226 0418 388 314	kpaulo@aapt.net.au atb16@bigpond.com
Registrations	Samantha Barnes	0402 114 621	lcepping@bigpond.net.au
Corp Governance & Compliance/ Policies & Procedures	John Raleigh	0419 887 481	raleighc@bigpond.net.au
Roast Night Manager	Shaun Glennon	0409 019 110	Sh.glennon@hotmail.com
Social Events Coordinator	THIS COLD BE YOU!		
Sponsorship (Financial)	David Callaway Paul Callaway	0448 700 361 0402 499 658	David.callaway@alliedmills.com.au paul@jaydeecatocables.com.au
Sponsorship (Player Photos)*	Nicola Cash	0419 319 900	njjcash@hotmail.com
Sponsorship (Non Financial) (and Grant Liason)	Rob Windsor	0419 303 279	r.windsor@dindas.com.au
Team Managers Coordinator	Sharon Parker	0414 616 645	sharon@areial.com.au
Team trips/Game Day Awards Coordinator	Rob Windsor	0419 303 279	r.windsor@dindas.com.au
Technical Support	David Yuill	0419 353 145	david.yuill@team.telstra.com
Tribunal Advocate	Anthony Brown Craig Walker (U14/17)	0418 388 314 0429 338 935	atb16@bigpond.com.au craig@walkerplumbing.com.au
Website & Facebook Manager	Diana Pettie	0419 887 481	diana@hopsotchcoaching.com.au

(*) A "Working With" Committee Role

We also acknowledge our many: General Committee, Coaches, Team Managers, Team Social Persons.

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